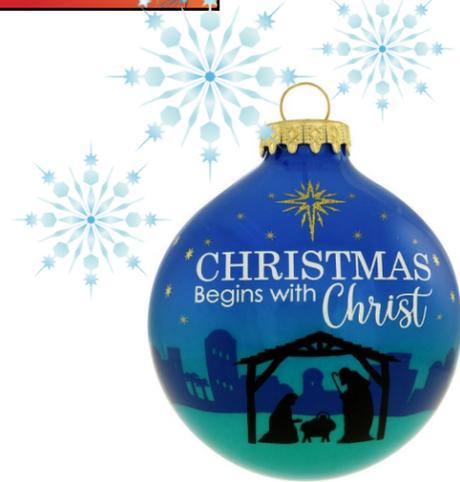
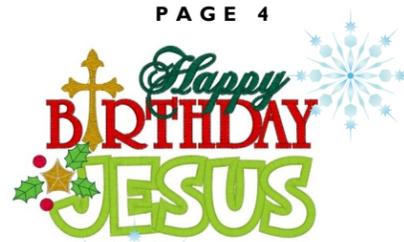


December Birthdays

Xiang S. Dec. 16
Ethel M. Dec. 18

Birthday Tea with Alistair

Tuesday, Dec. 6 -
Camelia - 2:15 pm



Merry Christmas



Our last annual Christmas Fundraiser project involved raising \$20,000 to replace our old donated reclining chairs. The old recliners had to be removed from resident lounges as part of infection control protection against Covid. Chair materials were of a soft, porous texture which made them difficult to clean and impossible to fully sanitize.



The new chairs have now arrived, just in time for Christmas, and are designed for durability and frequent cleaning.

Thank you for donating and helping us keep our residents safe and comfortable!

BUCHANAN LODGE

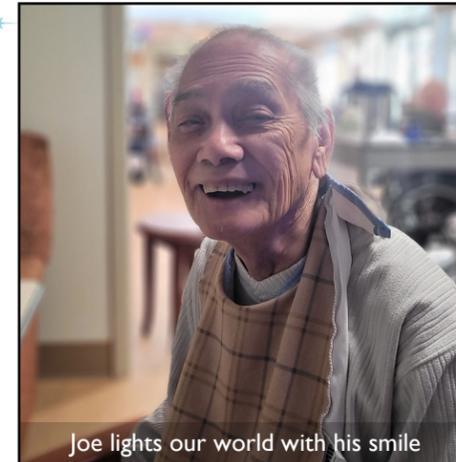


Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

DECEMBER 2022

Precious Memories



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Thought for December

Most think joy, or at least happiness, is dependent on circumstances, like health and wealth. Immigrants arrive in droves to Canada and the U.S. in their "pursuit of happiness," which usually means finding financial comfort. But the arrival of the Son of God to planet earth, compared to the American dream, seemed more like a Jewish nightmare!

Jesus gave up His palatial home in glory and His rights as God, to become not just a man but a servant, and not just any servant but one obedient to death, and not just any death but the most tortuous death imaginable (*Philippians 2:5-8*). With that end in sight, His inauspicious beginning makes more sense: showing up as a baby, dependent on poor parents from an insignificant town, dressed in rags, laid in a feed trough, housed in a barn, and announced first to shepherds, who were right up there with tax collectors in reputation. Not exactly the circumstances you would expect with "good news of great joy" (*Luke 2:10*).

Paul, the apostle, had learned by following Jesus that his joy was independent of his circumstances. That is why he writes his most joy-filled letter, Philippians, while being held as a Roman prisoner awaiting execution (the words "joy" and "rejoice" are mentioned 15 times). Real joy doesn't depend on what's going on outside. It has everything to do with what's on the inside, or rather, who's on the inside. **There's joy because the Lord has come - to us and in us.**

Rejoice in the Lord always; again I will say, rejoice! (*Philippians 4:4*). Merry Christmas, everyone!



Real joy doesn't depend on what's going on outside. It has everything to do with what's on the inside, or rather, Who's on the inside.



ARMCHAIR TRAVEL

with Chaplain Darlene
NEW ZEALAND

Mondays 1:45 & 3:15 pm
Dec 5- Willow & Rose
Dec 19 - Magnolia & Camelia

NEW ZEALAND

To all of our residents, their families and our incredible team of caregivers, thank you for working together so well throughout this year!

Merry Christmas
and Happy New Year

You are loved & appreciated !!

From Blake & our Leadership Team



CHOCOLATES

We apologize that our usual Christmas Purdy fundraiser was not available this year, but next year we will be back!

HOUSE MUSIC FOR DECEMBER

Camelia - Dec. 6, Tuesday - Alastair, 2:15 pm
Rose - Dec. 13, Tuesday - Alastair, 2:15 pm
Camelia - Dec. 14, Wednesday - Alastair, 2:15 pm
Magnolia - Dec. 17, Saturday - Dave & Tom, 2:15 pm



Buchanan welcomes new staff members since June 2022

Marie-Rose Bizimana	Care Aide
Carly Anderson-Brown	Recreation
Mark Stone	License Practical Nurse
Rahel Weldesemayat	Food Service Worker
Denis Muriithi	Housekeeping
Marie-Therese Barhafumwa	License Practical Nurse
Mia Yuan	Dietitian
Lasera, D'Mello	Clinical nurse
Andrea Schulz	Food Service Worker
Decevina Bestoca	Care Aide
Alicia Belac	Food Service Worker
Ariel Pangilinan	Food Service Worker
Jennirose Lopez	License Practical Nurse
David Sole	Registered Nurse
Erin Coe	Administrative Coordinator
Emma Ilic	Scheduler
Grurmit Dhillon	Care Aide
Eda Salise	Food Service Worker
Salendra Kumar	License Practical Nurse
Celina Sahota	Food Service Worker

THE Sounds OF Christmas

Candlelight Services

December 20th - Willow Creek & Camelia Park
December 21st - Rose Garden & Magnolia Grove

6:30 p.m.