

WORK 1:1 WITH ME

*Career Coaching
Consulting
Advisory*

REWILD WORK STRATEGIES

CAREER COACHING

Areas of Focus

Navigating the liminal space following a
layoff or resignation.

Uncovering longing for personal
evolution and change.

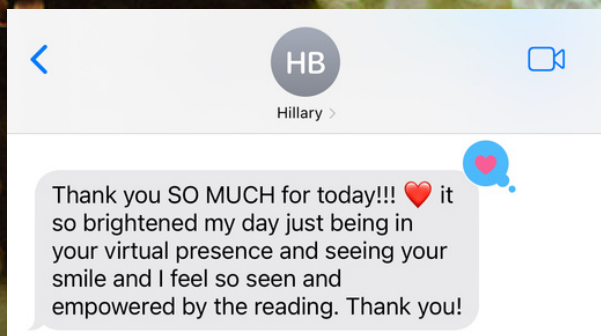
Internal career moves and transitions.

Discovering your personal myth and
authentic expression.

Starting a business or creative
endeavor.

THE GOAL OF COACHING IS TO PARTNER IN A THOUGHT-
PROVOKING AND CREATIVE PROCESS THAT SUPPORTS YOU IN
MAXIMIZING YOUR PERSONAL AND PROFESSIONAL POTENTIAL
UTILIZING DIALOGUE, TOOLS, AND PRACTICES. IT IS AN HONOR
TO HOLD THE CONTAINER FOR YOUR EVOLUTION.

REWILD WORK STRATEGIES



Brittney is an amazing executive coach, she has an eye to pinpoint the root of an issue, and help fix it. She is an empathetic leader who is solution oriented.

Julie Leclercq-Argueta (she/her)
Co-Founder & Chief Community Officer
www.thebloomi.com
bloomi

The guidance from Brittney was invaluable and came at such an integral time in my life. As a new mom looking for a significant career change, she helped organize my headspace to focus on different attributes and personal wellness exercises to contribute to the kinds of positive change I was looking for. It was an experience that was more than just a secret formula to get me a great new job, it gave me a new outlook on how to get the most out of my life.



Gina Clementi · 1st
Brand Growth Partner | Forward-thinking Brand
Leader | Former Nike, adidas
July 9, 2024, Gina was Brittney's client

I had the pleasure of working with Brittney Van Matre, and I cannot recommend her highly enough. Brittney's approach to coaching is transformative, blending deep empathy with a strategic mindset that consistently drives meaningful results.

From the outset, Brittney's ability to listen and truly understand the unique challenges I faced set her apart. She didn't just offer solutions; she guided me to discover them within myself, fostering a sense of empowerment and confidence that has been pivotal in my professional growth. Her insights into work-life integration and personal development were not just theoretical but grounded in practical, actionable advice that I could immediately implement and see results.

What truly distinguishes Brittney is her genuine passion for helping others rewild their work lives. She creates a safe, supportive space where exploration and growth are encouraged. Her methods are innovative and effective, rooted in a profound understanding of human behavior and organizational dynamics.

If you are looking for a coach who will challenge you to reach your full potential and support you every step of the way, Brittney is the perfect choice. Her expertise and her authentic and compassionate approach make her an invaluable asset to anyone seeking to navigate the complexities of their career and personal development. I cannot recommend her highly enough.



Lauren Williams <laurengwilliams1@gmail.com>
To: Brittney Van Matre

Monday, December 27, 2021 at 11:15 AM

I reached out to Brittney at a time when I knew I needed to make a career change, but mental spinning had clouded my ability to see a clear direction and next actions. Through thoughtful exercises and an impactful coaching session, Brittney helped me gain clarity, build courage, and act. Within a few weeks of our session, I made the best career jump of my life – and I couldn't be more energized. Brittney is wise, caring, experienced, and honest – traits that make her a valuable coach.

ADVISORY & CONSULTING

Areas of Focus

I collaborate with senior leaders on a one-on-one basis to enhance their leadership presence, empower their influence, and deepen their impact and expertise in the following areas:

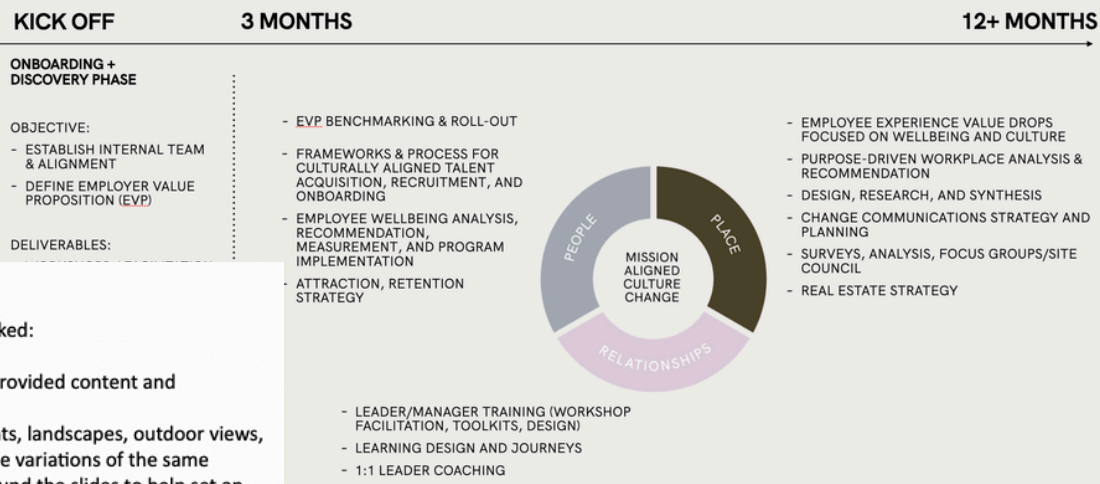
Future of Work
Workplace Strategy
Internal Communications
Leadership Development
Competitor Benchmarking
Culture & Team Effectiveness
Organizational Change Management

We achieve this through regular sync and async touchpoints, co-created strategies, and executive coaching.



REWILD WORK STRATEGIES

PROPOSED TIMELINE + DELIVERABLES*



Brittney –

I loved the Rewild “Human Experience” sessions! I particularly liked:

1. The personal journeys/stories from you and Abri, which provided content and highlighted that you are experts in this space
2. Slides/content/presentations all used natural environments, landscapes, outdoor views, etc. Most of the presentations in the tech space tend to be variations of the same powerpoint themes we’ve all seen a zillion times; I just found the slides to help set an overall tone that was more-relaxing. It also made it easier to digest content (at least for me)
3. The pace and interactive exercises, in which I learned a few things about my colleagues. I enjoyed getting to know a number of team members on a more-personal level in a very short period of time, as opposed to a few weeks or a month of one-off 1:1s. I'd wager the two sessions you and Abri lead over the last two days will help our team move from the “forming” stage to “norming” and “performing” stages in the coming months.

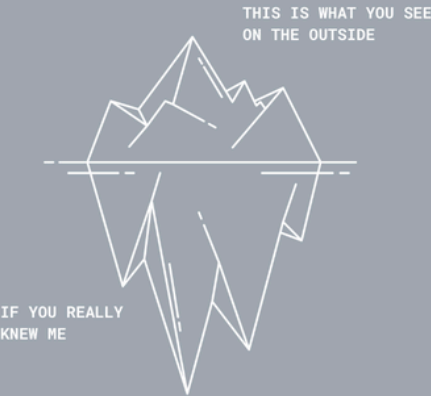
Thanks again for the sessions!
-P

BELOW THE ICEBERG

Using the metaphor of an iceberg, we can explore what people see above the surface and also what is beneath the surface that people maybe don't see or know about us. By sharing more vulnerably about ourselves, we can find deeper connection with one another and feel more free to be ourselves at work.

BELOW IS MY ICEBERG:

* Fill in with your own words.



miro

Session 4: Values, Strengths, and Ways of Work

Team Strengths

Defining Our Team Values

Results of 1st Team Vote

Re: Thank you!

Brittney,
Thanks for your great partnership over the last year! I've really enjoyed our collaboration and have valued the insights you've brought to the team.

Brittney - Thanks for all your support! In the short time we worked together your passion and subject matter expertise resonated throughout your work.

ABOUT BRITTNEY

Modalities & Experience



Career Experience: I have 22 years of corporate experience working across major brands including Nike, Google, Walmart, HP, KPMG, and Toyota. My non-linear career path includes roles held in the USA and Europe across product creation, consumer experience, workplace strategy, employee experience, finance, operations, entrepreneurship, and app development.

Mindfulness, EQ, & Well-being: I am a certified teacher with the Search Inside Yourself Leadership Institute, born at Google, a Certified Meditation Teacher with the Meditation Learning Center, and hold various other certifications in the health and well-being space.

Astrology: I hold a graduate certificate in Applied Archetypal Astrology from Pacifica Graduate Institute. I weave in astrological elements throughout both my coaching and advisory work.

Ecopsychology: I hold a graduate certificate in Ecopsychology from Pacifica Graduate Institute, weaving nature-based practices and philosophies into my work.

Archetypes, Depth Psychology, Counseling Psychology: I am forthcoming Guild Member of the Archetypes at Work program, a long time student of the work of C.G. Jung, and will receive my MS in Counseling Psychology summer of 2026.

NEXT STEPS

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