



PEACE OF MIND

GABA, L-THEANINE, 5-HTP + CHAMOMILE



Benefits*

- Supports a healthy stress response
- Supports uplifted mood
- Supports occasional anxiety
- Aids feelings of calmness and relaxation

Highlights

- 100 mg of fermented GABA
- Methylated vitamin B12 to enhance bioavailability
- Vitamin B6 as pyridoxal-5-phosphate to enhance bioavailability
- Phosphatidylserine from sunflower lecithin

Recommended Use: Take 2 capsules per day or as directed by your health care practitioner.

Consult with your health care practitioner about your specific circumstances and any questions you may have about this product. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.